



Risk Assessment Form Indoor Climbing -Activity : Venues : Indoor or artificial climbing structures Coaching Academy **Robert MacKenzie** 07/03/2025 Assessed by : Date : **Review Due :** 07/03/2026 **Competition Risk Assessment** • RDO/TPO/Head Coach: • Wall representative: The two main dangers identified are: 1. Competitor falling on another person in the bouldering wall 2. Competitor falling due to bad belaying in the roped events Slightly Harmful Harmful Extremely Harmful Highly Unlikely **Tolerable Risk Trivial Risk Moderate Risk** Unlikelv **Tolerable Risk Substantial Risk Moderate Risk** Likely **Moderate Risk** Substantial Risk **Intolerable Risk** Potential Person Further action Hazard Risk Control Measures Injury/Da s at Description Rating Required Risk mage Young Physical/e **MScot Child Protection** Attack or motional Policy and Guidelines to molestation people be followed. abuse Tolerable Ensure at least 2 **Risk** responsible adults with young people when possible. Parental supervision is Participants Various Young wandering off and required for any climbers people under the age of 16yrs. going missing This should be confirmed at the point of booking and registration on the Tolerable day of the event. Risk Code of Conduct & MScot **Emergency Procedures to** be followed during the session. Climber, Safety reminder in climber Climber landing Trauma from fall other and volunteer briefings on other persons in climbers, and pre-event information. Bouldering staff, Zone volunteer Designated area for **Moderate** general warming up floor **Risk** s routines. Small bouldering walls Fall from height / Trauma Young Group to be briefed on Briefing given to **Moderate** uncontrolled falls risks of bouldering, competitors regarding from fall people **Risk** matting reduces chance controlled falling





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		and adults	of injury but doesn't remove it.		
			Route-setting design team check problems for risk to minimise uncontrolled falls.		
			The hardest moves are not placed at the top of the problem.		
Falling Objects	Head injury, trauma	Young people and adults	Participants to be briefed to remove lose objects from pockets	Moderate Risk	
Climber landing on hazards	Trauma from fall	Climbers	No items that would cause a hazard allowed on the matting area around a problem Briefing given to climbers to ensure water bottles etc are kept off the matting	Moderate Risk	
Soft-tissue injury	Muscle strains	Young people and adults	Participants briefed on the need for a good warm-up prior to trying any challenging problems.	Tolerable Risk	
Photographers / TV		Anyone in competitio n zone	Photographers not allowed underneath competitors ClimbScotland Staff / Jury President / CCO's can insist on TV being moved from danger areas.		
Risk/Benefit Analysis	Indoor climbing and bouldering gives a range of mental and physical health benefits, as well as encouraging peer support and encouragement. These huge benefits grossly outweigh the small chance of injury.				