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| Risk Assessment Form |
| **Activity :** | Indoor Climbing – Coaching Academy | **Venues :** | Indoor or artificial climbing structures |
| **Assessed by :** | Jamie Smith | **Date :** | 18/08/23 | **Review Due :** | 18/08/24 |
| **Competition Risk Assessment**• RDO/TPO/Head Coach: • Wall representative:**The two main dangers identified are:**1. Competitor falling on another person in the bouldering wall2. Competitor falling due to bad belaying in the roped events |
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|  | Slightly Harmful | Harmful | Extremely Harmful |
| Highly Unlikely | **Trivial Risk** | **Tolerable Risk** | **Moderate Risk** |
| Unlikely | **Tolerable Risk** | **Moderate Risk** | **Substantial Risk** |
| Likely | **Moderate Risk** | **Substantial Risk** | **Intolerable Risk** |
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| **Hazard Description** | **Potential Injury/Damage** | **Persons at Risk** | **Control Measures** | **Risk Rating** | **Further action Required** |
| Attack or molestation | Physical/emotional abuse | Young people | MScot Child Protection Policy and Guidelines to be followed.Ensure at least 2 responsible adults with young people when possible. | **Tolerable Risk** |  |
| Participants wandering off and going missing | Various | Young people | Parental supervision is required for any climbers under the age of 16yrs. This should be confirmed at the point of booking and registration on the day of the event.Code of Conduct & MScot Emergency Procedures to be followed during the session. | **Tolerable Risk** |  |
| Climber landing onother persons inBoulderingZone | Trauma from fall | Climber, other climbers, staff, volunteers | Safety reminder in climber and volunteer briefings and pre-event information.Designated area for general warming up floor routines.Small bouldering walls | **Moderate Risk** |  |
| Fall from height / uncontrolled falls | Trauma from fall | Young people and adults | Group to be briefed on risks of bouldering, matting reduces chance of injury but doesn’t remove it.Route-setting design teamcheck problems for risk tominimise uncontrolled falls.The hardest moves are not placed at the top of the problem. | **Moderate Risk** | Briefing given to competitors regardingcontrolled falling |
| Falling Objects | Head injury, trauma | Young people and adults | Participants to be briefed to remove lose objects from pockets | **Moderate Risk** |  |
| Climber landing onhazards | Trauma from fall | Climbers | No items that would cause a hazard allowed on the matting area around a problemBriefing given to climbers to ensure water bottles etc are kept off the matting | **Moderate Risk** |  |
| Soft-tissue injury | Muscle strains | Young people and adults | Participants briefed on the need for a good warm-up prior to trying any challenging problems. | **Tolerable Risk** |  |
| Photographers / TV |  | Anyone in competitionzone | Photographers not allowed underneath competitorsClimbScotland Staff / Jury President / CCO’s can insist on TV beingmoved from danger areas. |  |  |
| **Risk/Benefit Analysis** | Indoor climbing and bouldering gives a range of mental and physical health benefits, as well as encouraging peer support and encouragement. These huge benefits grossly outweigh the small chance of injury. |